



A ½ pint of milk choice served with each meal. Menu is subject to change: Due to factory shortages, some items may not be available as planned.



September is Whole Grains Month! Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



Labor Day

5

NO SCHOOL

Mini corn dogs
Tator tots
Tender corn
Mixed fruit

6

Mini pancakes
Sausage patty
Hashbrown potato
Strawberry applesauce

7

French bread pizza
Marinara sauce
Green beans
Fresh apple

1

Turkey, bacon, cheese wrap
Lettuce & tomato
Potato chips Fresh orange

8

11:30 Dismissal
PB&J uncrustable
Carrots & celery/Ranch
Banana

2

(2) Ham sliders
Buttered noodles
Green beans
Fresh grapes

9

Chicken nuggets
Potato wedges
Tender corn
Sherbet ice cream

12

Walking beef taco
Refried beans
Lettuce/cheese/salsa/sour cream Diced peaches

13

Chicken patty deluxe
Cheese/lettuce/tomato
French fries
Mixed fruit

14

Cheeseburger
Pickle spears
Cucumbers/dip
Fresh pear

15

Pizza dippers
Marinara sauce
Garden salad w/ dressing
Fresh orange

16

Quesadilla
Salsa/sour cream
Spanish Rice Tender corn
Diced peaches

19

Hot ham sandwich
Sun chips
Carrots w/ ranch
Diced pears

20

Sausage, egg, cheese muffin
Tator tots
Mixed fruit

21

First Day of Fall
Baked potato bar
Fresh apple

22

11:30 Dismissal
PB&J uncrustable
Animal crackers String cheese
Applesauce cup

23

Chicken nuggets
Hawaiian Roll
Pea pod w/ ranch
Mixed fruit

26

Cheeseburger
French fries
Pickle spears
Applesauce

27

World School Milk Day
Chicken patty
Potato pancake
Applesauce Yogurt parfait

28

Walking beef taco
Refried beans
Lettuce/cheese/salsa/sour cream Fresh orange

29

11:30 Dismissal
Turkey sandwich
Potato chips
String cheese
Fresh banana

30