

# DECEMBER 2021

St. Vincent Pallotti FOOD SERVICE DIRECTOR: Laura Ruiz-Reyes

## LUNCH



½ pint of milk served with every meal  
**Menu is subject to change without notice. Due to factory shortages, some items may not be available as planned.**



**Nutrition Tip:** Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Pepperoni Bosco Stick **6**  
 Marinara Sauce  
 Mixed Fruit

Egg, Sausage, and Cheese Muffin **7**  
 Hash Brown  
 Diced Pears

French Toast Sticks w/ Syrup **1**  
 Sausage Patty  
 Hash Brown  
 Cinnamon Applesauce Cup

Cheeseburger **2**  
 Pickles  
 Diced Peaches  
 Strawberry Cup

Ham Slider **3**  
 Potato Chips  
 Fruit Snack  
 Applesauce Cup

**National Cocoa Day** **13**  
 Corn Dogs  
 Mac & Cheese  
 Tender Corn  
 Diced Pears

Walking Beef Taco **14**  
 Diced Peaches

Hot Dog **8**  
 Baked Beans  
 BBQ Chips  
 Diced Peaches

**CHRISTMAS CONCERT 7PM** **9**  
 Chicken Patty  
 French Friés  
 Green Beans  
 Mixed Fruit

**NO SCHOOL** **10**

**Christmas Break** **20**

**Christmas Break** **21**

**Christmas Break** **22**

**Christmas Feast!** **16**  
 Baked Ham & Pineapple  
 Twice Baked Potato  
 Broccoli & Cheese Sauce  
 Dinner Roll Holiday Dessert

**National Maple Syrup Day** **17**  
 PB&J Uncrustable  
 Sun Chips  
 Applesauce Cup

**Christmas Break** **23**

**Christmas Break** **24**

**Christmas Break** **27**

**Christmas Break** **28**

**Christmas Break** **29**

**Christmas Break** **30**

**Christmas Break** **31**

**Christmas Break**

**Christmas Break**

**Christmas Break**

**Christmas Break**

**Christmas Break**