

FEBRUARY 2023 St. Vincent Pallotti School

Food Service Director: Laura Ruiz-Reyes

LUNCH



A ½ pint of milk choice is served with each meal.

Menu is subject to change. Due to factory shortages, some items may not be available as planned.



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

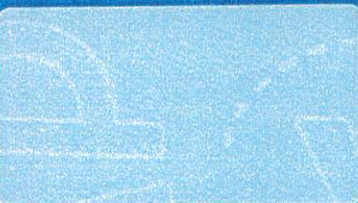
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
Catholic Schools Week
Please see flyer for lunch

2
Catholic Schools Week
Please see flyer for lunch

3
Half Day
Catholic Schools Week
Please see flyer for lunch

6
Chicken nuggets
Potato wedges
Tender corn
Pineapple

7
Pepperoni pizza
Garlic stick
Carrots w/Ranch
Mixed fruit

8
Corn dogs
French fries
Green beans
Banana

9
No School

10
No School

13
Pizza dippers
Marinara sauce
Green beans
Diced peaches

14
Valentine's Day
Pasta/Red sauce Mozzarella sticks Strawberry cups
+Special treat!

15
Breakfast croissant
Bacon/egg/cheese
Hashbrown
Diced pears

16
Hot dog
Potato chips
Baked beans
Mixed fruit

17
Quesadilla
Refried beans
Salsa/sour cream
Applesauce cup

20
Pancakes
Sausage links
String cheese
Diced pears

21
Chicken patty
Potato wedges
Broccoli
Applesauce

22
Ash Wednesday
Fish sticks Mac & cheese
Green beans
Fresh apple

23
Hot ham sandwich
Sun chips
Mixed veggies
Diced peaches

24
**Winter Break-
No School**

27
**Winter Break-
No School**

28
Chicken nuggets
Potato wedges
Green beans
Mixed fruit



This institution is an equal opportunity provider.