

# OCTOBER 2023

Palotti School Food Service Director: Laura Ruiz-Reyes

## LUNCH



A ½ pint of milk choice is served with each meal.

Menu is subject to change. Due to factory shortages, some items may not be available as planned.



**October is National Apple Month.** Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

CHICKEN NUGGETS  
HAWAIIAN ROLL  
GREEN BEANS  
MIXED FRUIT

2

MINI CORN DOGS  
TATOR TOTS  
BAKED BEANS  
DICED PEACHES

3

PIZZA DIPPERS  
MARINARA SAUCE  
GARDEN SALAD  
DICED PEARS

4

NO SCHOOL  
CONFERENCES

5

NO SCHOOL

6

CHEESE QUESADILLA  
MEXICAN RICE  
TENDER CORN  
SOUR CREAM  
TROPICAL FRUIT MIX

9

TOPPERS PIZZA  
BREAD STICK  
CARROTS W/ RANCH  
FRESH APPLE  
K4, K5, 1<sup>ST</sup> RETREAT

10

CHEESEBURGER  
POTATO CHIPS  
PICKLE SPEAR  
DICED PEACHES

11

SAUSAGE, EGG,  
CHEESE CROISSANT  
HASH BROWN  
FRESH BANANA

12

HOT HAM & CHEESE  
ON A BUN  
POTATO WEDGES  
CELERY / DIP  
APPLESAUCE

13

CHICKEN PATTY  
( SPICY OR PLAIN )  
FRENCH FRIES  
SLICED PEARS

16

EGGO FRENCH TOAST  
SYRUP  
SAUSAGE LINKS  
APPLESAUCE CUP  
ORANGE JUICE

17

PBJ UNCRUSTABLE  
POTATO CHIPS  
CHEESE STICK  
APPLESAUCE CUP

18

TURKEY SANDWICH  
LETTUCE, TOMATO  
BAKED CHEETOS  
PINEAPPLE CHUNKS

19

FRENCH BREAD  
PIZZA  
MARINARA SAUCE  
GARDEN SALAD  
MIXED FRUIT

20

PIZZA DIPPERS  
BREAD STICK  
MARINARA SAUCE  
MIXED FRUIT

23

PBJ UNCRUSTABLE  
POTATO CHIPS  
CARROTS W/ RANCH  
FRESH APPLE  
8<sup>TH</sup> RETREAT

24

CHEESEBURGER  
SUN CHIPS  
PICKLE SPEAR  
DICED PEACHES

25

PANCAKES W/SYRUP  
BACON  
HASH BROWN  
APPLESAUCE

26

HOT DOG  
POTATO CHIPS  
BAKED BEANS  
DICED PEARS

27

CHICKEN NUGGETS  
TATOR TOTS  
TENDER CORN  
MANDARIN  
ORANGES

30

HAPPY HALLOWEEN  
SEE ATTACHED  
FLYER

31



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